



NAMI of Whatcom County

Located at: Health Support Center,
1212 Indian Street, Bellingham
Mail: PO Box 4124, Bellingham, WA 98227
Phone: (360) 671-4950 Fax: (360) 733-2075
E-mail: nami@healthsupportcenter.org

Support Groups

Ongoing Mental Health Support Groups:
Meet People Who Understand!

NAMI Monthly General Support Group Contact Alicia 671-4950
Join trained co-facilitators who provide a compassionate environment for family members and friends of adults with mental illnesses and for parents of school-aged children.

Date: 3rd Thursday of the month
Time: 7 p.m. to 8:30 p.m.
Location: Health Support Center, 1212 Indian Street, Bellingham

NAMI Spouse/Partner Support Group Contact Leaders
A support group for anyone whose spouse/partner has a mental illness

Leaders: Merilee Erchinger 734-3713 and Marilee McKnight 733-8522
Date: 1st Tuesday of the month
Time: 7 p.m. to 9 p.m.
Location: Call the leaders for location

NAMI Suicide Survivors Support Group Contact Betty 738-7675
For family members and friends who have lost a loved one due to suicide

Date: 2nd and 4th Monday of each month
Time: 6:30 p.m. to 8 p.m.
Location: 1212 Indian Street